Club Kokomo Road Runners

2018 IATCCC Hall of Fame Contributor — RICKE STUCKER

Ricke has been the head boys' cross country coach at Kokomo High School for 49 years (1969-2017). He has had 28 Individual State Finalists, 20 sectional team titles, Qualified semi-state 39 times, and 29 runners have competed in college. He has also served as track clerk of the course for Kokomo Relays, KHS sectional, and KHS regional for 27 years. Ricke founded and has directed the Kokomo Summer Distance Camp for the last 47 years. He also started the All-Howard County Boys' and Girls' Cross Country Teams list, Boys' and Girls' Top 10 Cross Country Times list, All-Time Track Bests for boys and girls, Season Best Track List for boys and girls. He has served as President of Club Kokomo Roadrunners eleven times and was an original member of Club Kokomo which began 39



years ago. He coached a Paralympic athlete to National titles in the 800 and 1500 in the U.S. Paralympic Finals as well as an athlete to a National Title in the USATF Boys' (17-18) Indoor 3000 with a meet record. Ricke has served on the IATCCC sectional council as a representative for 44 years, where he helped start the President's Award, which he received 2 times. He also started the Longevity Awards, of which he received the 40 year. He helped start the Hall of Fame Pioneer Group while serving as Hall of Fame chairman for 10 years. He also served as an Indiana All-Star Cross Country Coach 9 times, the Indiana All-Star Girls' Track Coach 1 time, and was nominated for IATCCC Coach of the Year 5 times.

Points of Interest:

<u>Correction from March newsletter:</u> Warren Tierney was the Senior Master Runner of the Year for 2017, not Riley Case.

Race Result: Bethany Kirkwood completed the Phoenix Marathon 2/24/18 in 4:26:11. Great job Bethany!

Warren and Felicia Tierney participated in the Carmel Half Marathon on Saturday 3/31/18. They completed it in 3:41:11 and 3:41:15 respectively. Awesome job you two!!!

Run a non-club race lately? Don't forget to share the results to get your points! Send all results to: editorckrr@gmail.com

April Birthday's

- 4-4 Lizzie Felker
- 4-15 Tami Moore
- 4-18 John Wiles
- 4-22 Angela Lorenz
- 4-25 Ella Kantz
- 4-25 Lorene Sandifur
- 4-27 Greg Townsend
- 4-28 Joseph Hubbs II
- 4-30 Sheree Bullock

CLUB MEETING

MONDAY, APRIL 9 @ 6 P.M. @ PIZZA JUNKIEZ
2930 S WASHINGTON ST., KOKOMO, (ACROSS FROM RURAL KING)
SOCIAL HOUR @ 5P.M. SOFT DRINKS WILL BE PROVIDED



Member Profile: Patricia Weitzel

Welcome to a new section of the newsletter that we hope will help members get to know each other better. Each month we will highlight and profile a different club member, be on the lookout for an email asking you to submit a profile!

Our first profile is of club president, Patricia Weitzel!

How long have you been walking/running? 7 years

What made you start running/walking?

My mother passed away very suddenly. I had a 3 year old, a 5 year old and teenager all at home and I was eating my grief. A friend invited me do a triathlon with her. I had been a swimmer in high school. I knew how to ride a bike and I could walk. I figured I could do a triathlon. Self confidence is one of my strengths. Thanks to [her] encouragement and belief in me, I got off of the couch and started going to the YMCA. I made some very good friends with two of the ladies from the "morning crew". They introduced me to Pilates reformers and helped me strengthen my body. After all of that hard work, I didn't finish that first triathlon. My friend's sister had joined us from Wisconsin. Her bike broke as soon as she took off. I crossed paths with her on the way out on the course. I gave her my bike and took a DNF. The friend who got me started on this trail wouldn't let it end like this. A few weeks later we did another triathlon, this time in Indianapolis in the Canal. That was a great experience. We finished. I survived. And, the rest they say, is history. I enjoyed it so much and I love that it offers "me" time as I am homeschooling mom and my days are filled with family and fun. I'm not a great runner but I do enjoy running (okay, I get passed by walkers, but it is my version of running). And, I enjoy Club Kokomo Road Runners. We have a great group of people who are very supportive of one another.

If you like to race, what is your favorite race distance? Why?

I like a 5k race. It is the great way to start a Saturday morning and it doesn't take up too much of your day. It is a distance the whole family can do together.

Favorite club race? Why?

The Thanksgiving Day run is my favorite. It is a fun race that gets you ready for the day of Thanksgiving. It reminds you that you have so much to be thankful for...good health, good friends and a wonderful year of blessings to reflect on.

What is your favorite piece of running/walking qear?

My Vibram five finger shoes...can't run without them.



Favorite local running route?

I like the course that goes from downtown, under the bridge, beside Foster Park, down to UCT park and back.

Favorite non-club race? Why?

Race for Grace is my favorite race. It is hot and it is hilly but for some reason I just love that race. It is a large race and always very fun. They have tons of door prizes and almost everyone leaves with something.

Favorite running/walking related book or movie? Born to Run and Chi Running are my two favorite running books

If you could run/walk with anyone, who would it be?

I would walk with my mom. I still miss her so much.

Why did you join CKRR?

I'm not really sure why I joined other than Charlie Skoog invited me. I wasn't a "runner" but I was training for the triathlon and I met Charlie at the Y and he said I should join, so I did. Sometimes that is all it takes, for someone else to care enough to ask you to be part of something.

Anything else you'd like the CKRR members to know about you?

This is my seventh year as the club president. I am not a great runner but I am a great believer in the club and what we do for our members and for our community. I want our club to be what the members want it to be. I would love to hear from you when you have ideas. I would love for you to attend meetings and make your ideas known to the club. There are many opportunities to help make the club what you want it to be.

2018 CKRR Race Schedule Underlined-new for 2018, V—volunteer opportunities for club members.

Saturday April 7

CKRR Rhenda Action Ultimate 5M Run/Walk & 10 M Run-V

9am

Tierney Warehouse, 1401 W. Cliff Dr. Logansport \$4 members/ \$5 non-members Vern Keller, RD

Saturday May 5

Finish Line 500 Festival 5K Run/Walk

7am

Downtown, Indy 601 W. Washington St. Indianapolis \$40

www.indymini.com/p/5k

Saturday May 12

Norris Kokomo 3M Walk/ 4M Run

8:30am

Jackson Morrow Park, Kokomo \$8 advance/ \$10 day of John Norris, RD

3011111101113,112

Saturday May 19 MCF Prison Breakout 5K

Bunker Hill, In

Saturday June 2 Gene Parks 5K Run/ walk

10am

Dr. Sylvester's Office, Corner of 26 & Liberty Russiaville, In \$15 pre-registration/ \$20 day of/ \$45 family discount Rhiannon Thompson, RD

Saturday June 9

Norris Greentown 5K Run/ walk

8am

Rear of Eastern Elementary School Greentown \$8 advance/ \$10 day of John Norris, RD

Saturday June 16 Flora Hog Jog 10K

8:15am

Flora Community Park, Flora, In \$20 before June 9/ \$25 day of www.hogjog.com

Wednesday July 4

Walton Independence Day 5K

8am

Walton American Legion 111 S. Depot St. Walton, In \$20 through June 25/\$30 through day of race Walton Independence Day 5k Facebook page

Saturday July 7

CK Haynes Apperson 5K Run/ Walk—V

8am

Kokomo Municipal Stadium 400 S. Union St. Kokomo \$13 club & \$15 non club before June 23/ \$20 late or day of Michael Anderson, RD

Saturday July 14

Race for Grace 5K Run/ Walk

8am

Calvary Presbyterian Church, 7th and Spencer St. Logansport \$12 early then \$15

Saturday July 21

Panther Prowl 5K Run/ Walk 8am Russiaville, In \$20 Pre-registration/ \$23 late registration Gary Jewell, RD

Saturday July 28 Jerome Active Water

8am

Jerome Christian Church, 9535 County Rd E 100 S, Greentown Ryan Horner, RD

Saturday August 4

Norris Converse 5K Run/ Walk

8am

Front of First Farmer's Bank, downtown Converse, In \$8 advance/ \$10 day of John Norris, RD

Saturday August 11 Forget Me Not 5K

8am

Kokomo, In

Saturday August 18 Running the Shores 5K Run/ Walk

22m

Champaign Shores, Co Rd 440 W & Lakeshore Dr, Kokomo \$20 early registration Todd Moser, RD

Saturday September 1 Steps to Recovery 5K Run/ Walk

8am

Gilead House, 406 E Sycamore St. Kokomo \$20 early then \$25 Carol Savage, RD

Monday September 3 Blueberry Stomp 5K/ 15K

9am

Plymouth, In

Saturday September 8 HESP 5K Run/ Walk

8am

Kokomo High School, 2501 S Berkley Rd Kokomo \$12 early then \$20

Saturday September 15 Amboy Volunteer Fire Co 5K

Amboy, In

Saturday September 22 Bee Bumble 5K/ 10K

8am

Burnettsville, In

Monticello Chamber of Commerce, RD

Saturday September 29 Saints on the Run 5K Run/ Walk

8am

St. Joan of Arc, 3155 Co Rd S 200 W. Kokomo Heather Weber, RD

Saturday October 6 Cole Porter 5K/ 15K

9am

Circus Building, Broadway & 7th Peru \$20 early/ \$25 day of Jim Yates, RD

Saturday October 13

Red Gold Run to Crush Hunger 10K/5K

10 K 9:30 am / 5K 9:45am St. Joseph Center 1306 South A Street, Elwood, In 10K before 10/10/18 \$40 after \$45/ 5K \$30 before \$35 after 10/10/18 Also have Group Rates http://www.redgold5krun.com

2018 CKRR Race Schedule Underlined-new for 2018, V—volunteer opportunities for club members.

Saturday October 27 Chili Chase 5K/ 10K

10am

East Point Bible Church 1540 Paw Paw Pike, Peru, In \$15 with shirt, \$25 with a shift

Jamie Laycock

Sunday November 4 Run the Mounds Anderson, In Saturday November 10 CK Charity Run 5K-V

McKinley School, 1217 W Carter St. Kokomo

Free Will Donation

Jeannie Townsend, RD

Thursday November 22 CK Cares 5K Run/ Walk

8am

Rogers Pavilion Highland Park, Kokomo

\$10

Ray & Robin Tetrault; Mark Shorter, RD

Saturday December 1 Rudolph 5K Run/ Walk

8am

Kokomo Public Library, 220 N Union St Kokomo \$20 early/ \$25 late, family discounts available

Monday December 31 CK NY Eve 5K Run/ Walk— V

2pm

Rogers Pavilion, Highland Park, Kokomo

\$5 member/ \$8 non-members

RACE RESULTS

Norris Insurance Amboy

March 17, 2018

5k Run & Walk

- 1. Parker Jones 17:54
- 2. Jared Turner 18:46
- 3. Noel Shafer 19:22
- 4. Dana Neer 20:04
- 5. Monty Ream 20:31
- 6. Steve McDorman 20:34
- 7. Don Andrews 21:21
- 8. Paul Sanders 21:30
- 9. Amanda Burchell 21:46 1st W
- 10. Ryan Small 21:59
- 11. Amy Shafer 22:10
- 12. Celilio Martinez 22:32
- 13. Mat Snyder 22:40
- 14. Brent Taylor 22:46
- 15. Skip Stinson 22:50
- 16. Gary Williams 23:19
- 17. Wyatt Turner 23:44
- 18. Michelle Ludlow 24:09
- 19. Brooke Hasty 25:01
- 20. Gwen Grimes 25:10
- 21. Elizabeth Smith 25:24
- 22. Maddie Ramsell 25:25
- 23. Phil Rozzi 25:42
- 24. Ethan Snyder 26:06
- 25. Steve Carney 26:21
- 26. Ashlynn Runyan 26:27
- 27. Tammy Bice 26:42
- 28. Joni Neer 26:55
- 29. Mike Deardorff 26:58

- 30. Gary Callahan 27:07
- 31. Mark Shorter 27:29
- 32. Anna Rangel 28:20
- 33. Darla Mertens 29:04 34. Jack Johnson 29:34
- 35. Tiffany Massey 30:23
- 36. Scott Deyoe 30:28
- 37. Jonah Hughes 32:13
- 38. Johnathan McQuaide 33:01
- 39. John Peters 33:12
- 40. Ann Hubbard 33:19
- 41. Alicia Hoover 34:28
- 42. Robin Tetrault 34:41
- 43. Kathy Snyder 34:54
- 44. Danielle McQuaide 35:14
- 45. Norm Snyder 35:17
- 46. Timothy Templin 35:57
- 47. Gretchen Riggle 36:01
- 48. Scott Riggle 36:01
- 49. Beth Justice 36:05
- 51. Riley Case 37:13
- 52. Ricke Stucker 37:15
- 53. Laura Heflin 37:17
- 54. John McPherson 37:43
- 55. Christian Reagle 37:58
- 56. Jasmine Schick 38:45
- 57. Christina Turner 38:49
- 58. Jenny Tudor 40:40
- 59. Alex Studebaker 40:46
- 60. Sarah Hughes 41:35
- 61. David Hughes 41:47
- 62. Deb Taylor 42:05

- 63. Laurie Keller 43:20
- 64. Kelly Studebaker 44:05

5K Walk

- 1. Mary Miller 35:32
- 2. Floyd Stinchcomb 36:28
- 3. Greg Wall 36:59
- 4. Stephen Wilson 39:18
- 5. Marianne Wilson 39:51
- 6. Kevin Whitted 39:57
- 7. Kayla Hudson 41:27
- 8. Vernon Keller 41:29
- 9. Toney Lorenz 41:56
- 10. Elin England 41:58
- 11. Jan Wall 43:12 12. Robin Michael 45:15
- 13. Sue Keller 51:57
- 14. Katrina Wise 51:57
- 15. Jean Heflin 52:52
- 16. John Mohr 57:45
- 17. Lynda Barker 57:51
- 18. Dennis Clevenger 57:52

Groundhog 7 & Sam Costa Quarter Marathon

Due to the high volume of finishers for the Groundhog 7 race in February and the Sam Costa Quarter Marathon in March, the results will not be posted in the newsletter. Results for both races can be found by entering the race names in the upper left search bar on the website: onlineraceresults.com

2018 POINTS STANDING

Runner 0-12 Female

Riggle, Gretchen 20-1 Hughes, Sarah 15-1

Male

Snyder, Ethan 40-2

Runner 13-19

Female

Smith, Elizabeth 20-1 Ramsell, Maddie 15-1

Male

Studebaker, Alex 35-2 Brack, Brody 20-1 Hughes, Jonah 20-1

Runner 25-29

Female

Kirkwood, Bethany 40-2 Koon, Kelsey 15-1

Male

Kennedy, Kory 20-1

Runner 30-34

Female

Massey, Tiffany 40-2 Heflin, Laura 15-1 Hudson, Kayla 12-1

Walker 30-34

Male

Lorenz, Vince 20-1

Runner 35-39

Female

McQuaide, Danielle 60-3 Tudor, Jenny 45-3

Male

McQuaide, Johnathan 50-3 Snyder. Mat 40-2

Runner 40-44

Female

Shafer, Amy 40-2 Van Horn, Jennifer 20-1

Walker 40-44

Female

Wise, Katrina 20-1

Runner 45-49

Male

Small, Ryan 20-1 Riggle, Scott 15-1

Runner 50-54

Female

Neer, Joni 20-1

Male

Shafer, Noel 40-2 Neer, Dana 15-1

Walker 50-54

Female

Tierney Felicia 40-2 Savage, Carol 20-1

Runner 55-59

Female

Studebaker, Kelly 32-2 Hubbard, Anne 20-1 Snyder, Kathy 15-1

Male

Tierney, Warren 32-2 Rozzi, Phil 27-2 Andrews, Don 20-1 Bruce, David 20-1 Sanders, Paul 15-1 Deyoe, Scott 10-1

Walker 55-59

Female

Miller, Mary 40-2 Wilson, Marianne 15-1 Heflin, Jean 12-1

Male

Whitted, Keith 20-1

Runner 60-54

Female

Rangel, Anna 60-3 Tetrault, Robin 15-1

Taylor, Deb 12-1

Male

Deardorff, Mike 60-3 Elmore, Max 15-1 Snyder, Norm 15-1

Walker 60-64

Female

Yard, Betty 20-1

Runner 65-69

Male

Shorter, Mark 20-1 Michael, Robin 15-1

Walker 65-69

Female

Wall, Jan 20-1 Keller, Sue 15-1

Male

Wall, Greg 20-1 Wilson, Stephen 15-1 Keller, Vernon 12-1 Lorenz, Toney 10-1

Runner 70-74

Male

Stucker, Ricke 20-1 Hughes, David 15-1

Walker 70-74

Male

Stinchcomb, Floyd 20-1

Runner 75-79

Male

Peters, John 40-2

Walker 75-79

Mohr, John 20-1

Runner 80+

Male

Case, Riley 20-1

Don't forget to turn in Half Marathons, marathons, etc. to get your points! Send to: editorckrr@gmail.com



AS SEEN ON MY RUN

Want to contribute to the newsletter, but don't have time to write an article?
Submit a picture when you come across something fun, unique, or downright bizarre while out on a run or walk! Photos and a description can be submitted to: editorckrr@gmail.com

The picture at left was submitted by Dani McQuaide: "I was excited to see my first Crocus in bloom for 2018! Hopefully this

means spring has officially sprung!"

(Note this was 2 weeks before running Sam Costa in the snow!

DID YOU KNOW?

Roger Bannister passed away on March 6, 2018. He was a former runner and the first person documented to run a sub-four minute mile. Despite the popular opinion that this feat was impossible, on May 6, 1954, Bannister set the first sub-four world record at 3:59.4. Although the record lasted only 46 days, Bannister is credited with breaking mental barriers for the entire running community. - Information adapted from www.runnersworld.com

CKRR CLUB MEETING MARCH 12, 2018

On March 12, 2018 meeting called to order at 6pm by President Patty Weitzel

- Prayer by Chaplain Carol Savage
- 2. Minutes of previous meeting were approved
- 3. Treasurer's report given by Mark Shorter
- 4. Old Business
 - a. Haynes Apperson race will be July 7 even thought the festival is the weekend before
 - b. The Kids Track meet will also by July 7
 - c. Sue motioned to give Brookside \$200 for use of the church for the banquet. Vern 2nd the motion. Motion passed.
 - d. Ashley Shanks to take over as race director for the News Years Eve race.
 - Still need volunteers for Rhenda Action Ultimate Contact Vern or Sue Keller
- **New Business**
 - a. Good Fellows donated \$2500 to Club Kokomo Road Runners and Coyote Kids
 - b. The first ad video for Coyote Kids will be going live on March 13, 2018.
 - c. Robin Cole will be picking up race packets for the Mini Marathon- you must provide her with a copy of your drivers license
 - d. Ray is currently looking into a new timing system.

Meeting Adjourned

Those present: Mark Shorter, Bruce and Carol Savage, Vern and Sue Keller, Dani McQuaide, Patricia Weitzel, Jenny Tudor, Scott Deyoe, Joe Yeagel, Diana Brown, Vicki Boles, John Wiles, Robin Tetrault



CLUB KOKOMO ROAD RUNNERS

2936 Congress Drive, Kokomo, IN 46902

We're on the WEBwww.ClubKokomoRoadRunners.com Facebook-Club Kokomo Roadrunner Contact the editor— editorckrr@gmail.com

